



Oscillating Positive
Expiratory Pressure Therapy System



Empowering COPD Patients

To Breathe Better, Live Better
by Reducing Exacerbations⁶

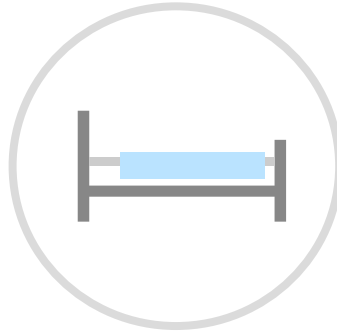
77% of COPD patients have experienced an exacerbation[†] increasing risk of hospitalization and driving disease progression.¹



Globally COPD is...



4th leading cause of death²



More than **251 million** cases³



More than **3 million** death³

The **Countdown** to her next **COPD exacerbation** has **already begun**



Acute exacerbations result in:

- **Decline** in lung function⁵
- **Poorer quality** of life⁵
- **Increased** mortality⁵
- **Frequent** hospital admissions, relapses and readmissions⁵

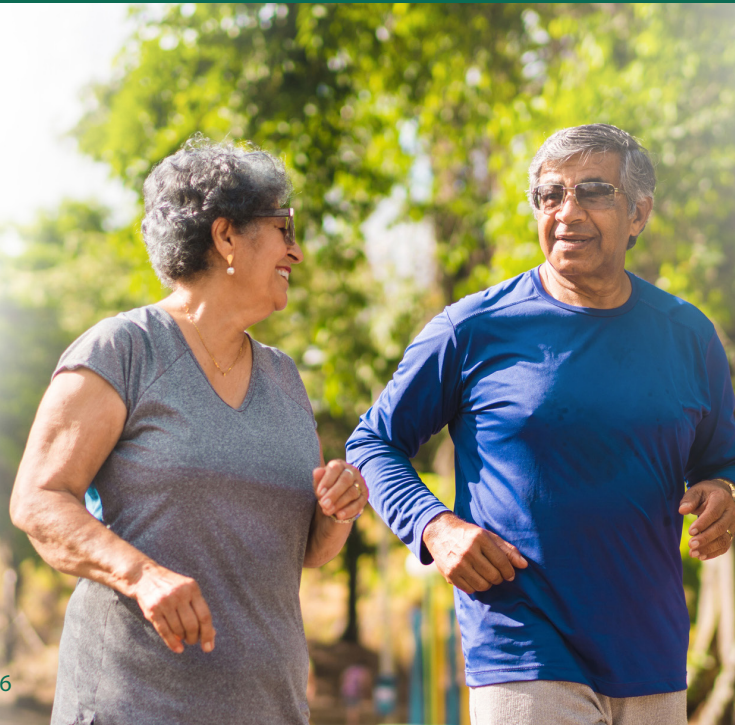
1 in 5 patients **hospitalized for a COPD exacerbation** require **rehospitalization within 30 days**⁶

Aerobika

Oscillating Positive
Expiratory Pressure Therapy System

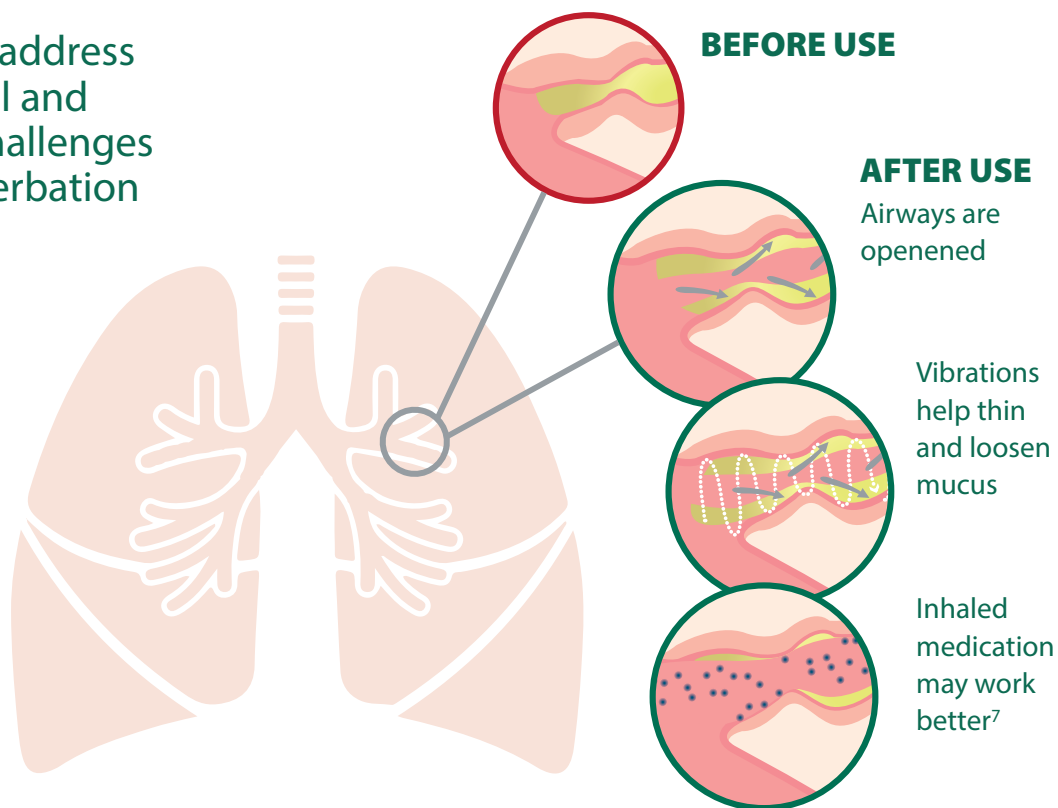
The **Aerobika*** device works to address the structural and functional challenges in the airways of patients with COPD.

In a real-world study with COPD patients with chronic bronchitis, the **Aerobika*** device was clinically proven to reduce exacerbations, and is **clinically proven to reduce exacerbations, increase lung function and improve patient quality of life.**⁶



How the **Aerobika*** Oscillating Positive Expiratory Pressure (OPEP) device works

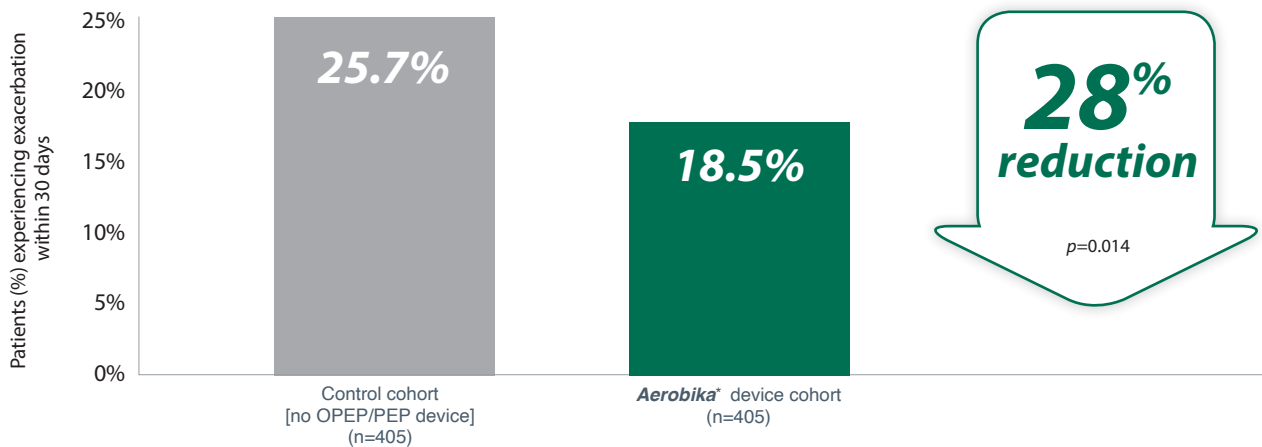
Designed to address the structural and functional challenges in post-exacerbation airways



Mucus clearance can reduce breathlessness, prevent recurring infection, reduce exacerbations, hospitalizations and improve quality of life.⁸



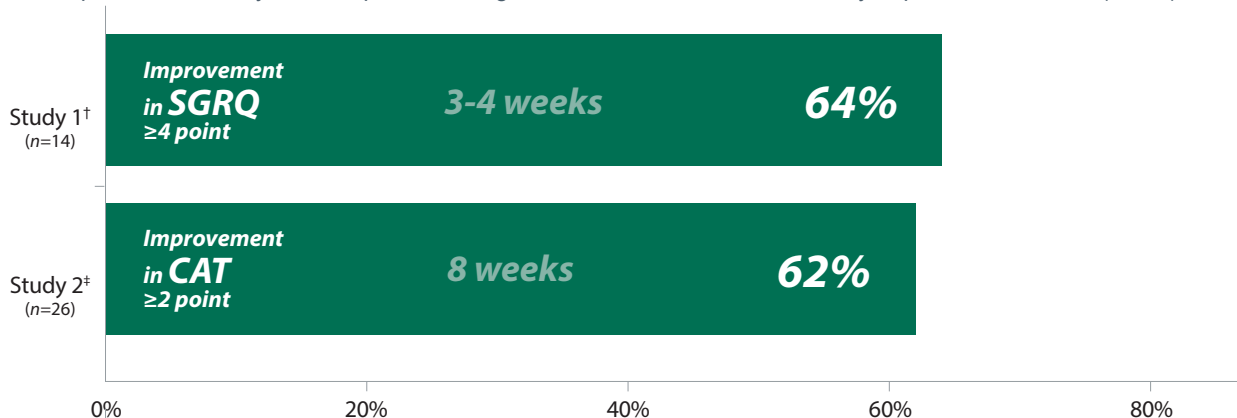
**Reduces COPD exacerbations
by 28% in the critical 30 day period⁶**



Real world study measured the rate of early (30-day) moderate-to-severe exacerbations and related costs in COPD patients with chronic bronchitis. Moderate-to-severe exacerbation is defined as a hospitalization or an emergency department visit.

Improves Quality of Life in COPD Patients⁹

Responder rate analysis for improvements greater than the Minimum Clinically Important Difference (MCID)

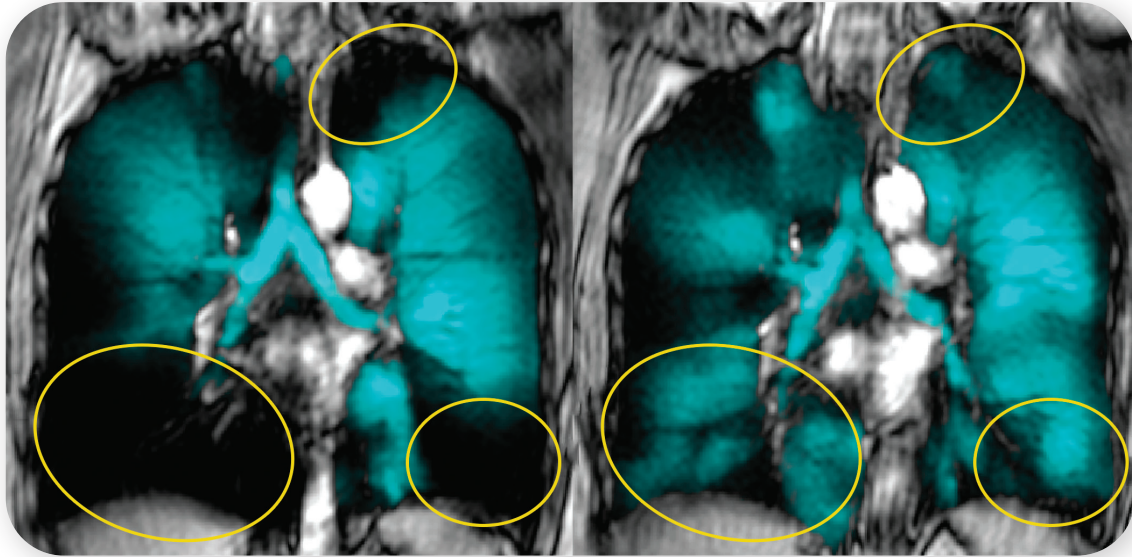


[†] Randomized cross-over study evaluating four-times daily Aerobika[®] device use after 3-4 weeks of treatment in COPD patients with chronic bronchitis.
[‡] Clinical assessment of COPD patients with chronic bronchitis over 8 weeks of treatment with the Aerobika[®] OPEP device.
 St. George's Respiratory Questionnaire (SGRQ) measures impact on overall health, daily life and perceived well-being in airways disease; MCID≥4
 COPD Assessment Test (CAT) assesses impact of COPD on health status; MCID≥2

Improves Ventilation in COPD Patients⁸

Before
Baseline care (no OPEP/PEP device)

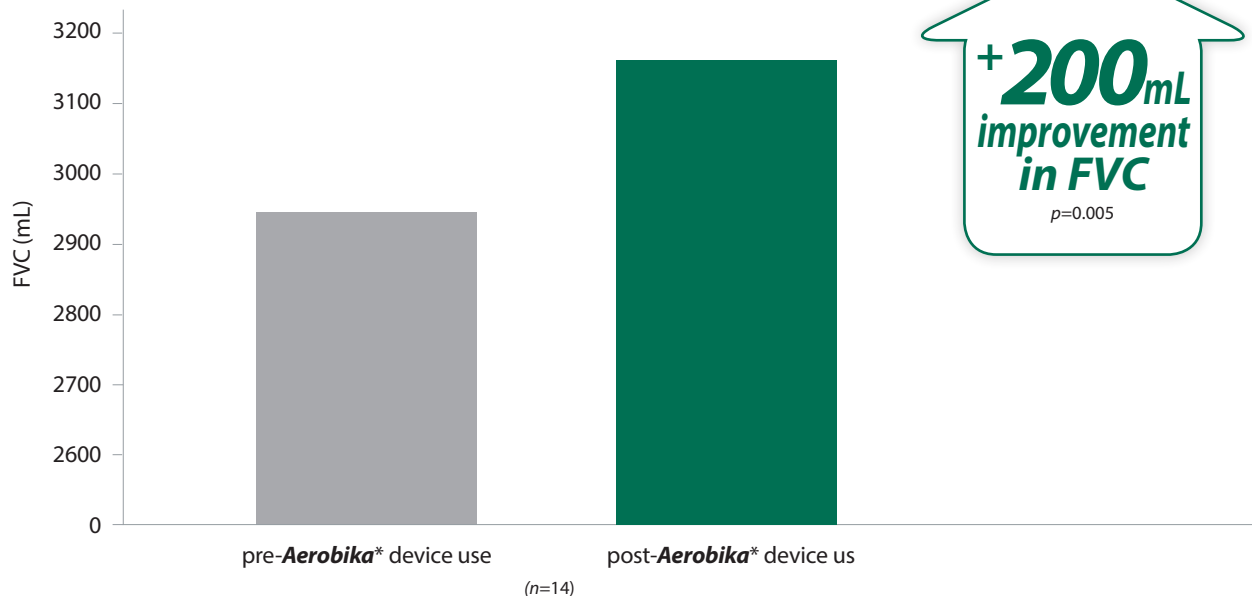
After
Baseline care plus **Aerobika*** device



Teal colour and intensity show areas with gas distribution. Yellow circles represent areas of greatest change after 3-4 weeks of **Aerobika*** device use.

Randomized cross-over study evaluating four-times daily **Aerobika*** device use after 3-4 weeks of treatment in patients with COPD and chronic bronchitis. Hyperpolarized helium-3 (3He) magnetic resonance imaging (MRI) ventilation in representative sputum producer.

Improves Lung Function in COPD Patients⁸



Randomized cross-over study evaluating four-times daily **Aerobika*** device use after 3-4 weeks of treatment in COPD patients with chronic bronchitis. FVC=forced vital capacity

Efficiency and Effectiveness¹⁰

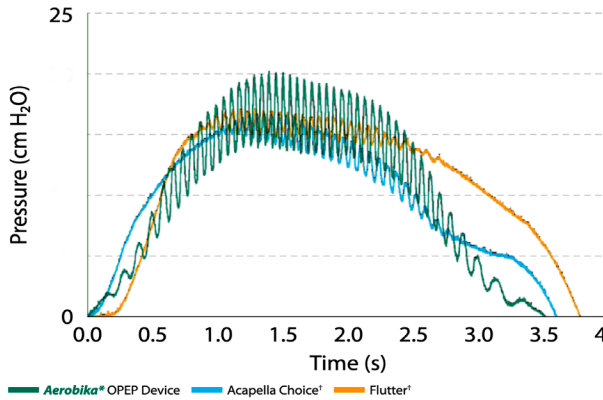
- ✓ Oscillations occur from the start through to the end of the breath
- ✓ The amplitude of the oscillations is high and consistent
- ✓ Frequency of the oscillations mimics natural airway cilia movement

Percentage of exhaled breath with oscillations

81% Aerobika* device
67% Acapella Choice†
62% Flutter‡

Average oscillation pressure amplitude (cm H₂O)

13.9 Aerobika* device
5.8 Acapella Choice†
3.0 Flutter‡



Adapted from Meyer and Suggett, poster presented at CHEST 2017.*

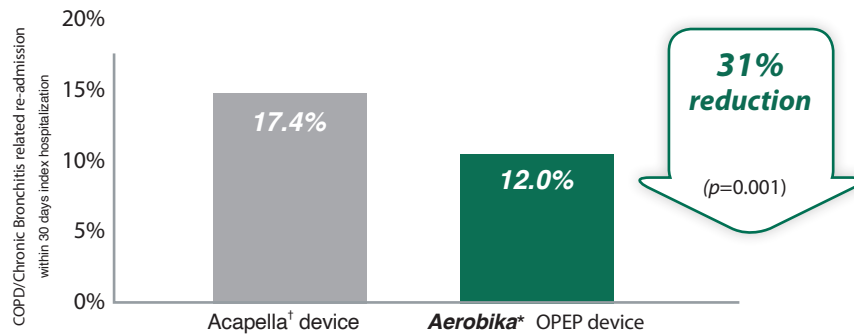
The **Aerobika*** OPEP device was the most efficient and effective OPEP device tested *in vitro*¹⁰

Aerobika* OPEP Device compared to Acapella¹¹

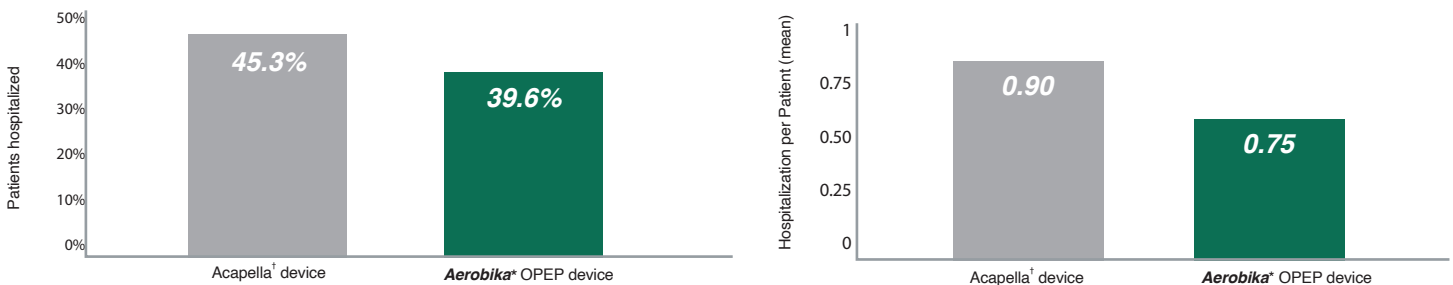
Real world evidence among Chronic Obstructive Pulmonary Disease (COPD) patients with chronic bronchitis on Hospital Readmissions at 30 Days and 12 Months

n = 619 Aerobika* OPEP Device n = 1857 Acapella

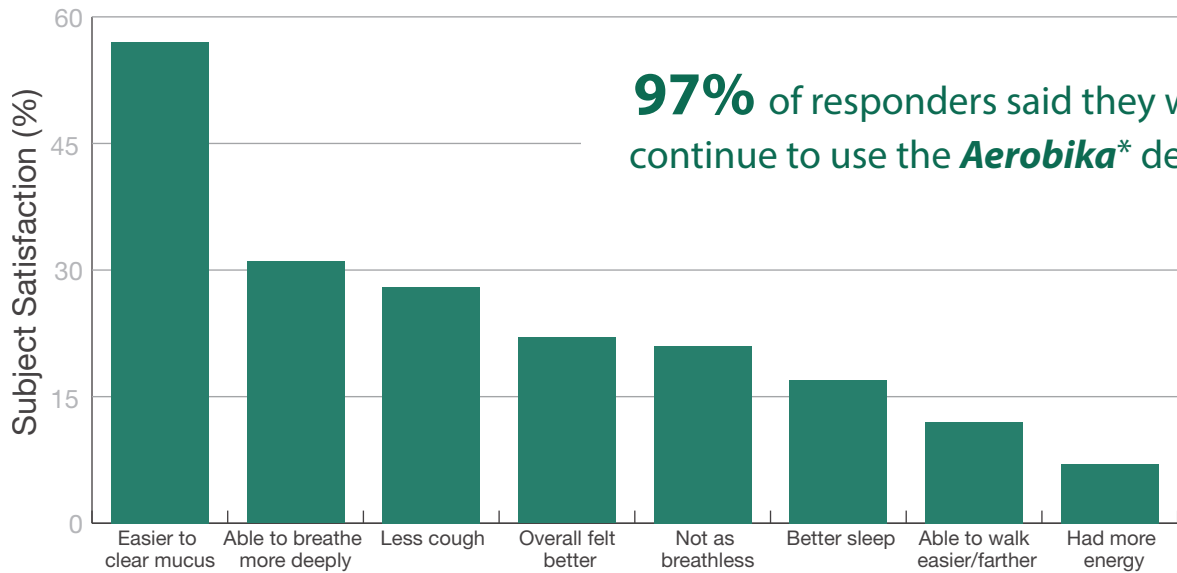
30 Days Results



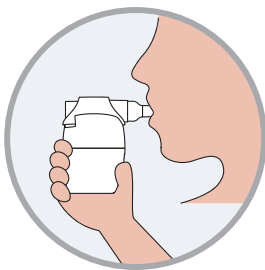
12 Month Results



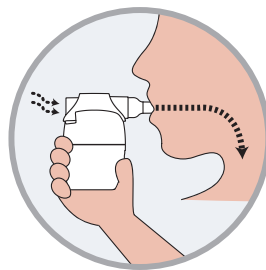
COPD Patients Feedback Survey



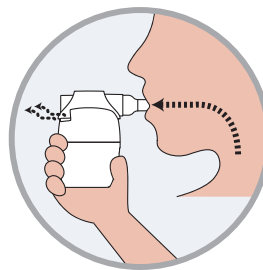
How to Use



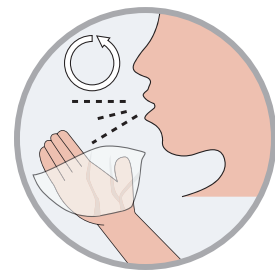
1 CLOSE LIPS
around mouthpiece



2 INHALE and HOLD
2-3 seconds



3 EXHALE—slowly,
steady, firmly



4 REPEAT and
huff cough

Administer for 10 minutes, twice daily.

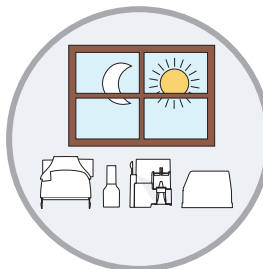
How to Clean



1 WASH
in soapy water



2 RINSE
in clean water



3 AIR DRY
thoroughly



DISHWASHER SAFE
top rack in basket



Drug-free

- Handheld mechanical device designed to address the structural and functional challenges in the airways of patients with COPD

Clinically Proven

- **Reduces** exacerbations⁶
- **Improves** lung ventilation and function⁶
- **Improves** patient quality of life⁶

Easy to Use

- Disassembles into 4 parts for ease of cleaning and disinfection
- Position independent
- Inhale and exhale without removing from mouth
- Adjustable resistance settings
- Oscillations are maintained from the start to the end of each breath



Prescribe the **Aerobika^{*}** device as an add-on to **usual COPD treatment**.
Available behind the counter at retail pharmacy.

Prescription coverage is easy. Pay and Submit.

1. Neil Barnes et al; COPD and exacerbations: Patient insights. BMC Pulmonary Medicine 2013. 2. O'Donnell E Dennis et al; Canadian Thoracic society reco.for the management of COPD. Can Respir J 2008;15 3. All causes readmission to acute care. Canadian institute of health informatics ISBN 978-1-77109-040-7,2012. 4. <https://www.lungsask.ca/about-us/news-room/backgrounders-and-information-sheets/copd-fact-sheet> last accessed on 14/7/2020. 5. Bourbeau et al; CTS position statement: Pharmacotherapy in patients with COPD. Canadian J. of resp, cric. Care and sleep medicine 2017 vol.1. 6. Burudpakee et al; Pulm Ther 2017 DOI: 10.1007/s41030-017-0027-5 7. Glenn Leemans et al; COPD Functional resp.imaging. International J. of COPD 2020. 8. Svenningsen S. et al. Oscillatory Positive Expiratory Pressure in Chronic Obstructive Pulmonary Disease. COPD 2016;13(1):66-74. 9. Suggett J.; Qol. responder rate analysis; SGRO vs CAT assessment. COPD 10, 2016 UK. 10. Meyers et al; A lab assessment of different OPEP device. CHEST 2017. 11. J. Suggett et al; A retrospective cohort study comparing 2 OPEP devices in patients with COPD. ATS 2020. 12. Harkness H. et al; Survey of Patients Using an OPEP device. Canadian respiratory conf. 2015.



**TRUDELL MEDICAL
INTERNATIONAL**

MD-061A-0720 *trade-marks of Trudell Medical International (TMI).
† trade-marks of the respective companies. © TMI 2020. All rights reserved.
Manufactured in Canada with Canadian and USA Parts.



Scan to watch
how to use
and how to clean